



TRISudbury Sunday 8th July Press Release

TRISudbury had another busy weekend with the adults competing at the Gosfield Sprint Triathlon on Sunday and the Junior team competing at not one but two triathlons on Saturday and Sunday in Leighton Buzzard and Writtle.

Gosfield triathlon was an open water sprint which included a 750m swim, 21km cycle and 5km run around the Essex countryside with 7 triathletes taking part, run by Born to Tri it is an event members have been competing in for a number of years.

Simon Daniel, Ian Ledieu, Carlene Hare, Lindsay Hobden, Sue Tetley, Zara McLoone and Andrew Bigg all smashed some amazing times on a hot Sunday morning. Swimming 750m around Gosfield Lake before cycling a quick, non-windy route and running a trial run just outside the lake resort.

Their times were : Simon Daniel 1:05:43, Ian Ledieu 1:11:42, Andrew Bigg 1:17:58, Zara McLoone 1:21:05, Lindsay Hobden 1:32:56, Carlene Hare 1:37:46 and Sue Tetley 1:39:01.

The Juniors at Leighton Buzzard and Writtle were Will Bradley, Charlie Boldock and Ben Boldock. Writtle was an open water event which was a first for Ben Boldock aged 8.

At Leighton Buzzard on 7th July Ben Boldock finished in 11mins 34 secs, Charlie Boldock in 33mins 38secs and Will Bradley in 25mins and 28secs. All distances according to age.

At Writtle on Sunday 8th July at the Discovery Open Water Triathlon Ben Boldock, Charlie Boldock and Will Bradley smashed times again at an amazing event in the sun.

ENDS

Notes to Editors

TRISudbury is Sudbury's Triathlon Club which is open to juniors aged 8-16 and adults of all ages and abilities.

TRISudbury will be holding GO TRI events throughout the Summer, check the website for more information, GO TRIs are small events for those new to triathlon who would like to give the sport a try.

www.trisudbury.com

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