

# Code of Conduct for Junior Members and Parents/Guardians

**Reviewed : December 2020**

## General Behaviour

1. Treat people i.e., team-mates, coaches, club officials, pool staff, parents and members of the public equally, and with due dignity and respect
2. Ensure that gossip (hearsay, rumours) is stopped, not spread and reported to the appropriate person i.e., coach and/or club welfare officer
3. The use of inappropriate or abusive language, bullying, harassment, or physical violence will not be tolerated
4. Be well mannered and show examples of good behaviour to all your team-mates, coaches, club officials, pool staff, parents, and members of the public. Always report any poor behaviour by others to an appropriate club
5. Recognise and celebrate the good performance and success of fellow club and teammates.

## Triathlon Training

1. Arrive in good time to the training venue and be prepared/ready to take part in the relevant training.
2. Have a good and positive attitude.
3. Listen to what your coach is telling you at all times and respond quickly to them.
4. If you arrive late, inform the coach before joining the session.
5. If you need to leave training, for any reason, inform your coaches before doing so.
6. Demonstrate respectful behaviour to others in the changing rooms.

## Parents/Guardians are expected to:

1. Complete and return all appropriate forms that the club issue including details of any health conditions/concerns relevant to your child. Any changes in the state of your child's health should be reported to the coach prior to coaching sessions. Ensure the club has up to date contact details for you and any alternative person.
2. Deliver and collect your child punctually to and from coaching sessions (or competitions where relevant). It is not the responsibility of the coach to look after your child after the session is finished. Therefore, ensure you or an alternative person is available to supervise your child in the changing area if required. Please inform a member of the coaching team or committee if there is an unavoidable problem.

## Eastern Region Triathlon Club Of The Year 2018

3. Inform the coach before a session if your child is to be collected early from a coaching session/meet and if so by whom.
4. Ensure your child is properly and adequately attired for the training session/events including all equipment i.e. hats, goggles, cycle helmet, cycle clothing, running clothing and suitable footwear etc.
5. Behave responsibly as a spectator at training and competitions, and treat competitors, coaches, committee members, TRISudbury parents and parents from other clubs with due respect meeting the Triathlon England's and British Triathlon's commitment to equality.
6. To encourage your child to behave appropriately during training and during competitions. If you witness any inappropriate behaviour by other triathletes, coaches or parents, this should be reported to the appropriate person i.e. coach and/or the club welfare officer.
7. Ensure you do not use inappropriate language within the club environment.
8. Ensure that gossip (hearsay, rumours) is stopped, not spread and reported to the appropriate person i.e. coach and/or club welfare officer
9. Show appreciation and support your child and all team members.
10. Ensure your child's needs are met in terms of nutritional and hydration; listening to advice given from the coaches.
11. Support the coaches and committee appropriately and raise any concerns you have in an appropriate manner. Details of the club Welfare Officer can be found on the club website.
12. To pay membership fees on time.
13. Where required sign in and out of training sessions to enable an accurate record of attendance to be kept.
14. Most of all help your child enjoy the sport of triathlon and achieve to the best of their ability

### **The club will undertake to:**

1. Inform you at once if your child is ill and ensure their wellbeing until you are able to collect them.
2. Ensure good child safeguarding guidelines are followed at all times to keep your child safe.
3. Ensure all activities are properly supervised / coached and consent is obtained for any activity outside of that previously agreed.

### **The parent/guardian has a right to**

- 1) Make a complaint to the club if they feel the club or a member of the club is not acting appropriate to Triathlon England/club rules and regulation. Details of how to do this can be obtained from the club Welfare Officer (welfare@trisudbury.com)
- 2) Make a complaint on behalf of their child to Triathlon England



## Triathlete's and Parent / guardian Code of Conduct

Name of triathlete (please print) \_\_\_\_\_

Signed by triathlete \_\_\_\_\_

Date \_\_\_\_\_

As the parent / guardian of the above named triathlete I/we have read and agree to abide by the Code of Conduct

Can all parent / guardians who regularly attending training sessions, please sign.

Signed \_\_\_\_\_

Relationship to triathlete \_\_\_\_\_

Date \_\_\_\_\_

Signed \_\_\_\_\_

Relationship to triathlete \_\_\_\_\_

Date \_\_\_\_\_

Signed \_\_\_\_\_

Relationship to triathlete \_\_\_\_\_

Date \_\_\_\_\_

Signed \_\_\_\_\_

Relationship to triathlete \_\_\_\_\_

Date \_\_\_\_\_