



TRISudbury

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Eastern Region Triathlon Club Of The Year 2018

## **Juniors attending coaching sessions policy**

### **Review Date: February 2020**

This policy has been developed in order to protect junior members, coaches and ensure the smooth running of club training sessions

- A parent or carer must sign junior members into the coaching session if the child is under 11 years. The parent or carer of a child under 11 years must remain at the coaching session or within the same grounds and inform the coach of where they will be. If a parent or carer needs to leave the grounds, they must inform the coach and assign a responsible adult who will be the point of contact during the coaching session. Juniors 11 years and upwards may sign themselves into a session and arrive unaccompanied. However, they must provide a contact name and number of a parent or carer.
- All juniors must book into the coaching session in advance or they may not be able to participate.
- All juniors must arrive at the coaching session with the appropriate kit as stipulated on the coaching session email. If a junior does not turn up with the appropriate kit, they will not be allowed to participate in the coached session.
- A parent or designated responsible adult must accompany under 16-year olds on club cafe rides and club social runs.
- During a coach led training session, the club cannot be responsible for juniors outside line of site from the coaching area. For example, if a junior wishes to use the bathroom or go for some water.
- The club is unable to supervise juniors in the changing rooms. Therefore, if a child requires assistance, a parent/carer should be available.
- Parents or carers must pick up their child promptly at the end of a coaching session. The club is unable to supervise juniors after the coaching session has ended.

Welfare Officers 2019/2020

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